

Youth Crisis

POPULATION SERVED:

17 years and under and anyone in high school

HOURS OF OPERATION:

12 PM - 8 PM
Monday - Friday
(includes weekday holidays)

PURPOSE OF PROGRAM:

Mobile Crisis staff will respond in person (or by phone or telehealth, if indicated) to the setting in which children/adolescents are experiencing a crisis. The goal is to assist the child or adolescent and their family in de-escalating the crisis event, as well as provide them with additional resources in their community for follow-up care as indicated.

WHO CAN CALL THE CRISIS LINE?

- Children and adolescents (under 18 years old) who want support with their mental health concerns.
- Parents or guardians and law enforcement who want assistance with mental health responses.
- School and community members who are assisting a child or adolescent in crisis.

This is not a referral-based program and is strictly for immediate crisis response.



CRISIS LINE PHONE

NUMBER:

434-230-9704

OR CALL 9-8-8

RESPONSE TIME:

Mobile Crisis staff aim to respond within 1 hour to the crisis event, if not sooner. Mobile crisis staff live throughout the Region 1 CSB catchment areas in order to respond quickly.

RESPONSE SETTINGS:

The Mobile Crisis program is designed to meet a person where they are located so that staff do not respond to hospitals or CSB Emergency Services settings. The goal is to provide an immediate crisis response to prevent a person from requiring an assessment for psychiatric hospitalization.

Adult Crisis

POPULATION SERVED:

18 years +
(out of high school)

HOURS OF OPERATION:

8 AM - 5 PM
Monday - Friday
(includes weekday holidays)

PURPOSE OF PROGRAM:

Mobile Crisis staff will respond in person (or by phone or telehealth, if indicated) to the setting in which the adult is experiencing a crisis. The goal is to assist the adult and their family in de-escalating the crisis event, as well as provide them with additional resources in their community for follow-up care as indicated.

WHO CAN CALL THE CRISIS LINE?

- Adults who want support with their mental health concerns.
- Parents or guardians of adults (18 years of age and older) and law enforcement who want assistance with mental health responses.
- Community members who are assisting an adult in crisis.

This is not a referral-based program and is strictly for immediate crisis response.



Region 1
**Mobile Crisis Mental Health
Response and Intervention**
for Adults, Children, and Adolescents

Region 1 Areas Served

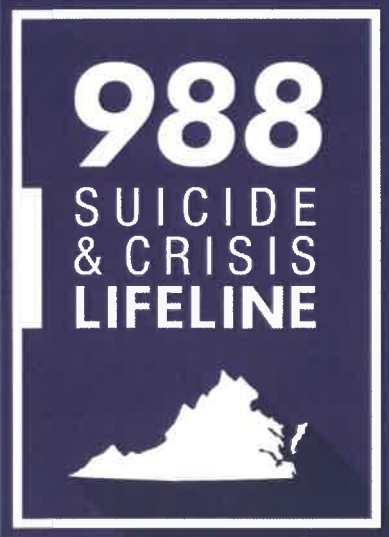
- Alleghany Highlands CSB (AHCS): Alleghany, Covington, Clifton Forge
- Harrisonburg-Rockingham CSB (HRCSB)
- Horizon Behavioral Health (HBH): Lynchburg and surrounding areas
- Northwestern CSB (NWCSB)
- Rappahanock Area CSB: Rap Area
- Encompass Community Supports (ECS)
- Region Ten CSB (RTCSB)
- Rockbridge Area CSB (RACSB): Rockbridge and Bath Counties and surrounding areas
- Valley CSB (VCSB)

**All towns and cities within each area
are served by Region 1 Mobile Crisis**

**For Mental Health
Response and Intervention**

**Local Mental Health Crisis
Phone Number:
434-230-9704**

Or Call 9-8-8



Services across Region 1
Region 1 Regional Office

regionten
community services board